



VANILLA PROTEIN SHAKES

PEANUT BUTTER BANANA

VAN. PROTEIN + PEANUT BUTTER + BANANA
+ HAZELNUT FLAVOR

PROTEIN:	42G
CARBS:	42.5G
SUGAR:	23.5G
FAT:	12.5G
CAL:	416

BANANA BONITA

VAN. PROTEIN + PINEAPPLE + BANANA +
COCONUT FLAVOR

PROTEIN:	38G
CARBS:	69G
SUGAR:	50G
FAT:	4.5G
CAL:	437

CARAMEL BANANA

VANI. PROTEIN + BANANA +
CARAMEL FLAVOR

PROTEIN:	38G
CARBS:	39.5G
SUGAR:	22G
FAT:	4.5G
CAL:	322

BLUEBERRY BANANA

VAN. PRONTEIN + BANANA + BLUEBERRIES
+ BLUEBERRY FLAVOR

PROTEIN:	38G
CARBS:	60.5G
SUGAR:	41G
FAT:	4.5G
CAL:	407

PB & J

VAN. PROTEIN + PEANUT BUTTER +
STRAWBERRIES + STRAWBERRY FLAVOR

PROTEIN:	41.5G
CARBS:	33G
SUGAR:	19G
FAT:	12.5G
CAL:	380

BLUEBERRY MUFFIN

VAN. PROTEIN + OATS + BLUEBERRIES +
BLUEBERRY FLAVOR

PROTEIN:	40G
CARBS:	45.5G
SUGAR:	19.5G
FAT:	4.5G
CAL:	370

COCONUT ALMOND

VAN. PROTEIN + COCONUT & ALMOND
FLAVOR

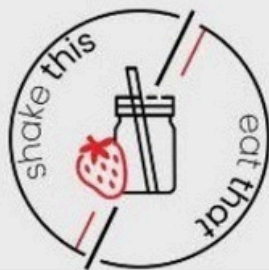
PROTEIN:	37.5G
CARBS:	36G
SUGAR:	25G
FAT:	4.5G
CAL:	310

BANANA MUFFIN

CINNAMON PROTEIN + BANANA + OATS +
HAZELNUT FLAVOR

PROTEIN:	40.5G
CARBS:	53G
SUGAR:	23.5G
FAT:	4.5G
CAL:	397

ALL SMOOTHIES ARE AVAILABLE LOW CALORIE:
AVERAGE 80 LESS CALORIES & 11 LESS GRAMS OF PROTEIN



CHOCOLATE PROTEIN SHAKES

CHOCOLATE PB

CH. PROTEIN + PEANUT BUTTER +
CHOCOLATE FLAVOR

PROTEIN:	41.5G
CARBS:	29G
SUGAR:	16.5G
FAT:	12.5G
CAL:	364

THIN MINT

CH. PROTEIN + COOKIE PIECES +
CHOCOLATE & PEPPERMINT FLAVOR

PROTEIN:	37.5G
CARBS:	58G
SUGAR:	39G
FAT:	9G
CAL:	436

COOKIE MONSTER

CH. PROTEIN + COOKIE PIECES +
CHOCOLATE FLAVOR

PROTEIN:	37.5G
CARBS:	43G
SUGAR:	24G
FAT:	9G
CAL:	376

CHOCOLATE BANANA

CH. PROTEIN + 1/2 BANANA + CHOCOLATE
FLAVOR

PROTEIN:	38G
CARBS:	39.5G
SUGAR:	22G
FAT:	4.5G
CAL:	322

NO BAKE COOKIE

CH. PROTEIN + OATS + PEANUT BUTTER +
CHOCOLATE FLAVOR

PROTEIN:	44G
CARBS:	42.5G
SUGAR:	17G
FAT:	12.5G
CAL:	439

CANY BAR CRAVING

CH. PROTEIN + PEANUT BUTTER + CARAMEL,
HAZELNUT, & CHOCOLATE FLAVOR

PROTEIN:	41.5G
CARBS:	29G
SUGAR:	16.5G
FAT:	12.5G
CAL:	364

GERMAN CHOCOLATE CAKE

CH. PROTEIN + COCONUT, CARAMEL, &
CHOCOLATE FLAVOR

PROTEIN:	37.5G
CARBS:	31G
SUGAR:	20G
FAT:	4.5G
CAL:	290

COFFEE KICK

CH. PROTEIN + COFFEE + PEANUT BUTTER
CHOCOLATE FLAVOR

PROTEIN:	41.5G
CARBS:	29G
SUGAR:	16.5G
FAT:	12.5G
CAL:	364

ALL SMOOTHIES ARE AVAILABLE LOW CALORIE: AVERAGE 80 LESS
CALORIES & 11 LESS GRAMS OF PROTEIN